

EARLY PRESCHOOL CURRICULUM

(2-Year-Olds)

"Growing Stars" Program

Two-year-olds are ready for more structured learning while maintaining their need for nurturing care. Our curriculum builds independence, communication skills, and social awareness through engaging, age-appropriate activities.

Daily Schedule Framework

6:30 AM - 8:30 AM: Welcome and Breakfast

- Arrival routine and family communication
- Breakfast service and social interaction
- Free choice activities and center play

8:30 AM - 9:00 AM: Morning Meeting

- Circle time with songs and greetings
- Calendar and weather exploration
- Sharing time and social skills

9:00 AM - 10:00 AM: Learning Centers Rotation

- Dramatic play and imagination station
- Science and discovery table
- Art and creativity corner
- Block building and construction

10:00 AM - 10:15 AM: Morning Snack

- Healthy snack service and conversation
- Self-help skills practice
- Social dining experience

10:15 AM - 11:15 AM: Outdoor Adventures

- Playground exploration and physical challenges
- Nature walks and environmental awareness
- Gross motor games and activities

11:15 AM - 12:00 PM: Literacy and Language

- Interactive story reading and discussion
- Vocabulary building activities
- Pre-writing exercises and letter introduction

12:00 PM - 12:45 PM: Lunch and Social Time

- Family-style lunch service
- Conversation and language development
- Table manner instruction and practice

12:45 PM - 2:45 PM: Rest and Quiet Time

- Naptime with individual accommodation
- Soft music and comfort items
- Quiet activities for non-sleepers

2:45 PM - 3:15 PM: Afternoon Snack and Movement

- Nutritious snack service
- Stretching and wake-up songs
- Energy renewal activities

3:15 PM - 4:15 PM: STEM Exploration

- Simple science experiments
- Mathematical concepts and counting
- Technology and discovery activities

4:15 PM - 5:15 PM: Creative Expression

- Art projects and skill development

- Musical activities and instrument play
- Dramatic play and storytelling

5:15 PM - 6:30 PM: Reflection and Departure

- Quiet play and individual attention
- Day review and celebration
- Family communication and transition

Curriculum Components

Physical Development

- **Gross Motor Skills:** Running, hopping, kicking balls, tricycle riding, obstacle courses, dancing
- **Fine Motor Skills:** Cutting with scissors, puzzles, lacing, threading, playdough tools
- **Health and Safety:** Tooth brushing, hand washing, nutritious eating, safety rules

Cognitive Development

- **Pre-Academic Skills:** Letter recognition, number awareness, pattern identification, shape mastery

- **Critical Thinking:** Problem-solving games, cause-effect exploration, prediction making
- **Memory Skills:** Following routines, remembering sequences, story retelling

Language and Literacy

- **Vocabulary Expansion:** Descriptive words, action verbs, positional concepts
- **Communication Skills:** Asking questions, expressing ideas, storytelling
- **Pre-Reading Skills:** Letter sounds, rhyming words, story comprehension, print awareness

Mathematical Thinking

- **Number Concepts:** Counting to 10, one-to-one correspondence, number recognition
- **Geometry:** Shape identification, size comparisons, spatial relationships
- **Patterns:** Simple AB patterns, color sequences, musical patterns

Social-Emotional Development

- **Independence:** Self-care skills, decision making, problem solving
- **Social Skills:** Friendship building, cooperation, conflict resolution
- **Emotional Intelligence:** Feeling identification, empathy
development, self-regulation

Scientific Exploration

- **Nature Studies:** Seasons, weather, plants, animals, environmental awareness
- **Physical Science:** Sink/float, magnets, simple machines, cause and effect
- **Life Science:** Growth and change, body parts, healthy habits

Monthly Curriculum Themes

September: All About School - routines, friendships, classroom community

October: Fall Harvest - apples, pumpkins, changing seasons, thanksgiving

November: Community Helpers - jobs, helping others, community awareness
December: Winter Celebrations - holidays, traditions, giving

and sharing
January: Winter Wonders - snow, ice, hibernation, winter animals
February: Transportation - cars, trains, planes, how things move

March: Spring Awakening - plants growing, baby animals, weather changes

April: Earth and Environment - recycling, nature care, outdoor exploration

May: Growing and Learning - reflection on progress, summer preparation

June: Summer Fun - outdoor activities, water play, vacation anticipation