

SCHOOL AGE CURRICULUM (Ages 5 to 12)

"Academic Stars" Program

Program Philosophy

Our School Age program provides comprehensive before and after-school care that supports academic success while offering enrichment opportunities that complement formal education. We create a bridge between school and home that enhances learning and development.

Daily Schedule Framework

Before School (6:30 AM - 8:00 AM)

- Arrival routine and breakfast service
- Homework completion and organization
- Quiet reading and educational activities
- Physical activity and energy preparation
- Transportation coordination to schools

After School (3:00 PM - 6:30 PM)

- Welcome back and snack service
- Homework assistance and study skills

- Physical activities and sports
- Creative arts and enrichment projects
- Leadership opportunities and community service

Curriculum Components

Academic Support and Enhancement

- **Homework Assistance:** Individual tutoring, study skills development, organizational training
- **Reading Enrichment:** Book clubs, author studies, creative writing, poetry appreciation
- **STEM Projects:** Science experiments, engineering challenges, technology exploration, mathematical games
- **Research Skills:** Library usage, internet safety, source evaluation, presentation creation

Physical Development and Wellness

- **Sports and Fitness:** Team sports, individual fitness, coordination development, health education
- **Outdoor Education:** Nature exploration, environmental awareness, gardening projects, weather studies

- **Nutrition Education:** Healthy eating habits, meal planning, cooking skills, food safety

Creative Arts and Expression

- **Visual Arts:** Advanced techniques, art history, cultural appreciation, portfolio development
- **Music and Performance:** Instrument instruction, ensemble participation, music theory, performance opportunities
- **Drama and Theater:** Script writing, character development, stagecraft, public performance

Life Skills and Leadership

- **Community Service:** Local volunteer opportunities, social awareness, civic responsibility
- **Leadership Training:** Peer mentoring, conflict resolution, team building, communication skills
- **Career Exploration:** Guest speakers, job shadowing, skill development, goal setting