

# **TODDLER CURRICULUM (13 to 24 months)**

## **"Curious Explorers" Program**

### **Program Philosophy**

Toddlers are natural explorers discovering their independence while needing security and guidance. Our curriculum supports their growing autonomy while providing structure that helps them feel confident and capable.

### **Daily Schedule Framework**

#### **6:30 AM - 8:30 AM: Arrival and Free Choice**

- Welcome routine and health check
- Free play with developmental toys
- Breakfast service

#### **8:30 AM - 9:15 AM: Circle Time and Music**

- Good morning songs and greetings
- Simple fingerplays and movement
- Calendar and weather awareness

**9:15 AM - 10:00 AM: Learning Centers**

- Sensory table exploration
- Block building and construction
- Art and creativity station

**10:00 AM - 10:15 AM: Snack and Social Time**

- Healthy snack service
- Table manners practice
- Conversation and language development

**10:15 AM - 11:15 AM: Outdoor Exploration**

- Playground activities and gross motor play
- Nature walks and discovery
- Fresh air and physical activity

**11:15 AM - 12:00 PM: Story Time and Quiet Play**

- Interactive reading and discussion
- Puzzles and manipulative toys
- Individual attention and care

**12:00 PM - 12:45 PM: Lunch Time**

- Family-style dining experience
- Self-help skills practice
- Social interaction and conversation

**12:45 PM - 2:45 PM: Rest Time**

- Individual sleep needs accommodation
- Quiet music and comfort items
- Gentle back rubs and soothing

**2:45 PM - 3:15 PM: Afternoon Snack**

- Nutritious snack service
- Wake-up stretches and songs
- Hydration and energy renewal

**3:15 PM - 4:15 PM: Active Learning**

- Physical challenges and games
- Dance and movement activities
- Cooperative play experiences

**4:15 PM - 5:15 PM: Creative Expression**

- Art projects and exploration

- Musical instruments and singing
- Dramatic play and imagination

### **5:15 PM - 6:30 PM: Family Time Preparation**

- Quiet activities and reflection
- Personal care and cleanup
- Family communication and pickup

## **Curriculum Components**

### **Physical Development**

- **Gross Motor Skills:** Walking, running, climbing, jumping, dancing, ball play, riding toys
- **Fine Motor Skills:** Stacking blocks, using utensils, turning pages, simple puzzles, playdough manipulation
- **Self-Help Skills:** Feeding self, drinking from cups, beginning toilet awareness, hand washing

### **Cognitive Development**

- **Language Explosion:** Vocabulary building, two-word combinations, following directions, asking questions

- **Mathematical Thinking:** Counting to 5, big/little concepts, shape recognition, sorting activities
- **Scientific Exploration:** Water play, sand exploration, simple experiments, nature observation

### **Social-Emotional Development**

- **Independence:** Choice-making, self-care attempts, expressing preferences
- **Social Skills:** Parallel play, sharing practice, taking turns, showing affection
- **Emotional Growth:** Identifying feelings, comfort seeking, self-soothing techniques

### **Language and Literacy**

- **Vocabulary Growth:** Naming objects, action words, describing experiences
- **Communication Skills:** Requesting help, expressing needs, simple conversations
- **Pre-Reading:** Book handling, picture identification, story comprehension

## **Creative Arts**

- **Visual Arts:** Finger painting, coloring, collage making, texture exploration
- **Music and Movement:** Singing, dancing, instrument exploration, rhythm activities
- **Dramatic Play:** Pretend cooking, caring for dolls, simple role-playing

## **Weekly Learning Themes**

- **Week 1:** All About Me - body parts, family photos, personal preferences
- **Week 2:** Transportation - cars, trains, airplanes, movement activities
- **Week 3:** Animals and Their Homes - pet visits, animal sounds, habitat exploration
- **Week 4:** Community Helpers - postal workers, firefighters, doctors, role-playing